

Southern Galicia Coastal & Wine Country Walking Trails



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0 User Reviews

🕒
7 Days / 6
Nights

📍
Vigo

📌
On Request
Best Rate

On this trip, you will see the contrasts of the blue Atlantic coast and green river valleys of Galicia's wine country. Walking coastal trails, vineyard and riverside paths, even crossing a bridge into Northern Portugal's Vinho Verde wine region. The gastronomy changes quite drastically from the coast to inland Galicia.

Highlights

- The **best seafood** of the **Rias Baixas coast** in fishing villages.
- **Wine Country trails** along the river banks of **Southern Galicia** and **Portugal**

General Overview

Country: Spain
Region: Galicia
City: Vigo
Duration: 7 Days / 6 Nights

Type: Multi-Day Small Group Tour
Theme: Food, Wine Tours and Cultural Adventures
Group Size: 4 to 16 People
Price from: 0 €

Introduction

Spend a week with our **co-founder** savouring the **seafood, wines** and more of **Galicia`s Southern coast** and **wine country**. Our **small group food, wine and walking journey** starts in the urban coastal city of Vigo, Europe`s largest fishing port and second in the world behind Tokyo. No better way to introduce you to the region than welcome dinner at a Michelin-starred restaurant and a cocktail at the skyline bar of our hotel with amazing night views of the bay, a great way to start our memorable trip.

The first few days we explore the **Rias Baixas**, taking a boat ride to a fishing village for a walk around the market to learn about the different varieties of fish and seafood caught locally in the bay. Then a hands-on Galician Coastal Cooking class with a chef specializing in traditional seafood dishes of the area.

We like to make things a bit flexible, so you will have a choice on one of the days when in Vigo to explore the city as you please, take a **sailing trip** over to the **golden beaches of the Cies Islands** or walk part of the **Camino Portuguese coastal way** visiting a winery in the **sub-zone of O Rosal**. If you haven`t been to **Santiago de Compostela** then you could spend the day there to visit the Cathedral and the old quarter with our expert local guide.

Moving away from the coast we following the course of the river into the **Miño river valley**, a **magical land** on both sides of the river Miño a natural border separating **Galicia** from **Northern Portugal**. Starting the day with a winery visit and tasting in the sub-zone of **Condado de Tea (Tea County)** which is part of the **D.O. Rias Baixas**. We will take a picturesque walk down at the river, following along a beautiful woodland path coming out where the rapids are and we will see the wall-like construction (Pesqueira) jutting out into the current tides with conical nets hooked to them. They have been used since Roman times to catch the **lamprey eel** a delicacy in the area. People come from all over at the season of the lamprea to taste it. On both sides of the miño, they prepare the lamprey eel and they both make wine from the same grape Albariño/Alvarinho. We will get a taste of the wine made on each side of the river border, we will actually walk right across into Portugal`s **D.O.C. Vinho Verde** wine country!

Our journey continues on to the neighbour wine region **D.O. Ribeiro**. Another day of walking thru old wine country roads visiting the wine museum to learn the history of the oldest Appellation of Origin in Galicia. The heart of the wine country is a quaint town called Ribadavia with an interesting Jewish past which played a big part in the production of wine and is part of the Sephardic routes in Spain. Here we will taste the blended whites and reds as well the mono-varietal of the Treixadura grape (white).

Exploring deeper inland Galicia we encounter a sacred wine country... **D.O. Ribeira Sacra**. The Romans first cultivated the vineyards alongside the banks of the rivers Sil and Miño. The monks continued it on, but then the area was abandoned for years. Fortunately, Ribeira Sacra has undergone a renaissance over the last three decades since people been coming back and replanting the terrace and making some of the best wines in the world. Such a hard land to cultivate taking years to build and with a steep slope incline of up to 86 degrees! No wonder the area is known as heroic viticulture. The most well-known grapes varieties are Mencia (red) and Godello (white), but Albariño (white) is also planted here as well as other local indigenous varieties. We will take a wine country walk to a lookout point to admire the views of the river and vines then visit a winery with a VIP tasting including a lunch at the restaurant of the winery. Then down to Sil river to take a boat ride to admire the vines from a different angle. Our trip comes to an end with a special **show cooking** farewell dinner of **innovative Galician cuisine**.

For those who will like to extend their trip, we have add-ons down to Porto, Lisbon over to Seville and could end up in Madrid the capital city of Spain. Let us know and we can suggest the best way to combine the add-on either pre-tour or post-tour just ask one of our tour specialists.

Day by day itinerary

Departure Dates:

2020

16/May/2020 - 22/May/2020

04/Jul/2020 - 10/Jul/2020

2021

17/Apr/2021 - 23/Apr/2021

15/May/2021 - 21/May/2021

03/Jul/2021 - 09/Jul/2021

ITINERARY:

DAY 1:

VIGO

DAY 2:

VIGO - COASTAL FISHING VILLAGES & COOKING CLASS - VIGO

DAY 3:

OPTION 1: VIGO - SALNES, RIAS BAIXAS WINE COUNTRY - VIGO

OPTION 2: VIGO - BAIONA/ROSAL COASTAL AND WINERY TOUR - VIGO

OPTION 3: VIGO - CIES ISLANDS - VIGO

OPTION 4: VIGO - SANTIAGO HISTORIC TOWN - VIGO

DAY 4:

VIGO - CONDADO DE TEA, RIAS BAIXAS RIVER WINE COUNTRY TRAILS - AS NEVES

DAY 5:

AS NEVES - RIBEIRA SACRA WINE COUNTRY - AS NEVES

DAY 6:

AS NEVES - RIBEIRO WINE COUNTRY - AS NEVES

DAY 7:

AS NEVES - VIGO / SANTIAGO / PORTO

END OF SMALL GROUP TOUR

Lodging

- 3 Nights (Vigo): **GRAN HOTEL NAGARI BOUTIQUE & SPA 5***
- 3 Nights (As Neves): **NANDE HOTEL DA NATUREZA 4***