



*Vigo Day Tour: Walking Coastal
Trail & Tasting Seafood of
Cangas, Galicia*

by EATour Specialist

Gastronomic Vigo Day Tour with a boat ride from Vigo to Cangas

If you are looking for things to do in Spain and you like **walking, history, day trips, trying local delicacies, coastal trails** and **discovering new places this is probably the right tour for you.**

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Port of Vigo, Galicia



The meeting point to start this fantastic day will be at the port of **Vigo**, located on the map of Spain in **Galicia, Pontevedra**, right by a statue called El Salto. Once there, your **English-Speaking guide** will introduce himself and explain to you all about this bronze sculpture by a local artist Francisco Leiro.

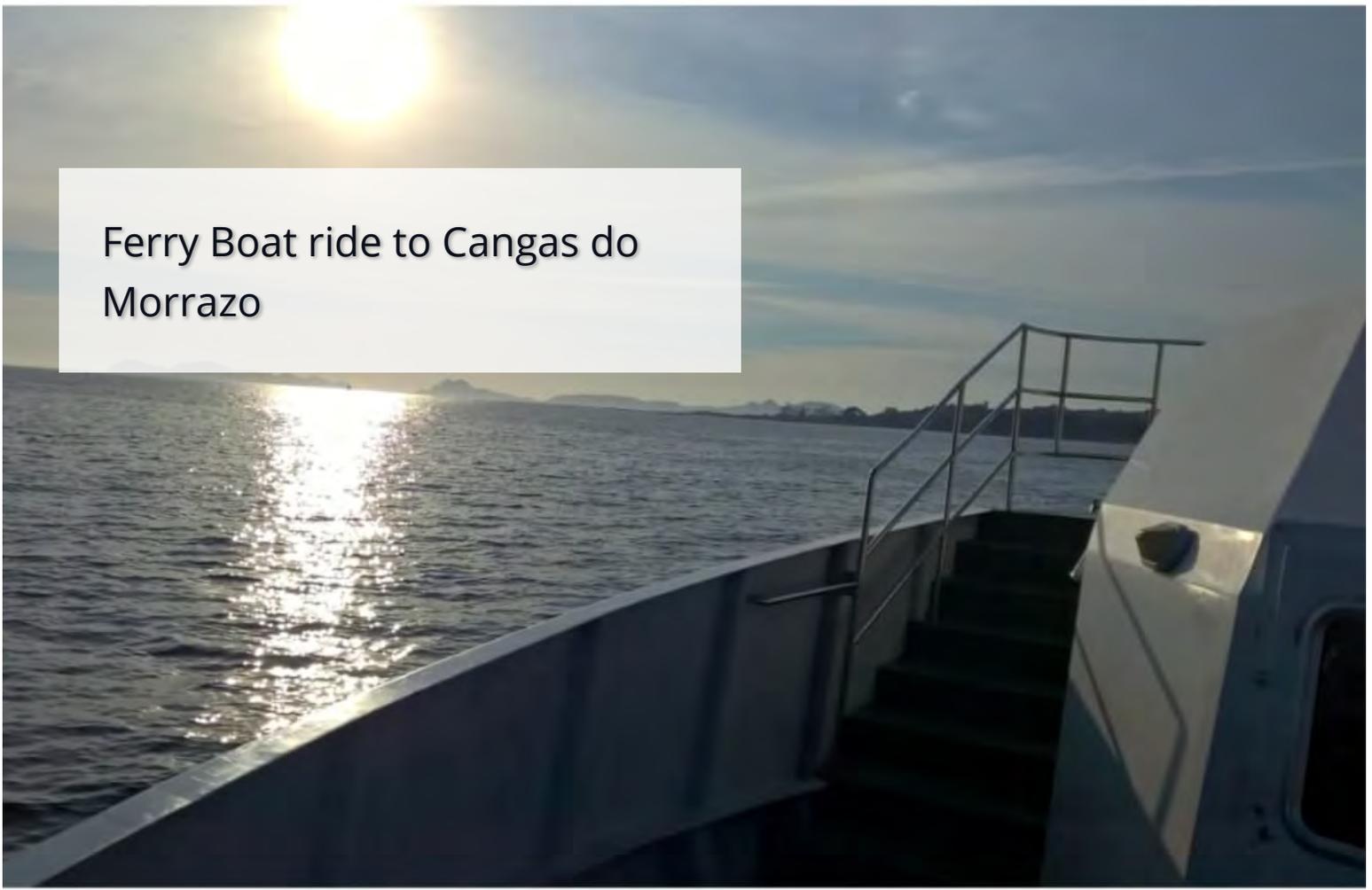
A bay rich not only in seafood but as well a deep history!

We head with our local guide to take the ferry which will take us to the next peninsula, **O Morrazo**. The Vigo estuary is home to many different battles and raids in the past being the most important one the Battle of Rande, also known as the Battle of Vigo Bay. This battle took place in 1702, during the first few years of the War of the Spanish Succession. The Anglo-Dutch fleet returning from an unsuccessful attempt to capture Cadiz when they heard about a Spanish treasure (laden with silver and goods) that had recently entered Vigo Bay, but it was being escorted by French war-ships. The Anglo-Dutch troops who outnumbered the French-Spanish troops made it into the estuary and raided the ships. However, when trying to leave the Vigo estuary, the galleon carrying the treasure ran aground on the Cíes Islands waters and sank.

No one has ever found this treasure up to this day, but every year French and British expeditions come to this area to try to locate the treasure.

This battle is referred to in Jules Verne's novel **Twenty Thousand Leagues Under the Sea**, in which there is a whole chapter devoted to this story, named Vigo Bay.

Ferry Boat ride to Cangas do
Morrazo



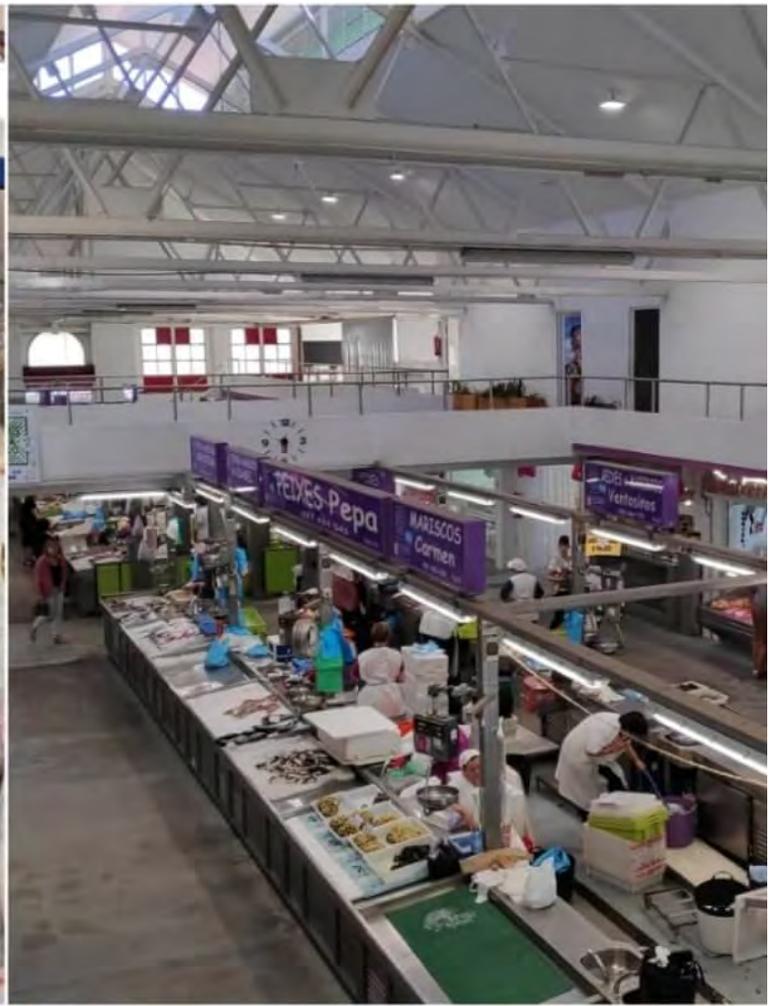
During our ferry trip to the next peninsula, we can see the Rande Bridge on our right hand side and on our left hand side we can contemplate the fantastic **Cies Islands**, part of the Atlantic Islands National Park and a beach paradise with crystalline waters where you could find the Playa de Rodas (Rodas Beach), awarded the best beach in the world, according to the British newspaper The Guardian in 2007.

The Secret why Galician Seafood is known as the best in the world!

Upon arrival in **Cangas**, we will take a short walk along the promenade to the market where we will learn about the local fish and seafood. Have you ever wondered how octopus is capture or how is it cooked? Where percebes (gooseneck barnacles) grow or how they must be eaten? Why is Galician beef the best in Spain? Your guide will explain you (And show you) all about Galician products and happily answer all the questions that you may have as Galician cuisine is considered **one of the best in Spain and it's full of secrets.**

Are you hungry yet? Before savouring the spectacular local

seafood work up an appetite
on a coastal trail with amazing
views!



After taking a look into the **market**, our private driver will be waiting for us to pick us up and take us to the Limens Beach, the very beginning of our coastal walk. From this point we will walk along the ocean enjoying the fantastic views this trail offers. On a clear day we can see the Cies Islands in the background, right in the mouth of the Ria de Vigo.

This **coastal trail** is about 5km and it goes from Limens all the way to Cangas. We'll take a few breaks during our coastal hike to relax, enjoy the nature and take pictures so you can brag about this breathtaking view when you're back in your country.



Coastal trail in Cangas



Right before making it into the town, we'll walk past an **old cannery and a whale processing plant**. The building of the factory started in 1937, during the Spanish Civil War and closed its doors in 1996 and has remained ever since in a semi-abandoned state. This big complex also housed a flour mill, packaging plant, mechanical shop for repairs, a boatyard, etc. but not only this, they also provided many other services for the families of its employees, such as a daycare for the children or even housing for employees.

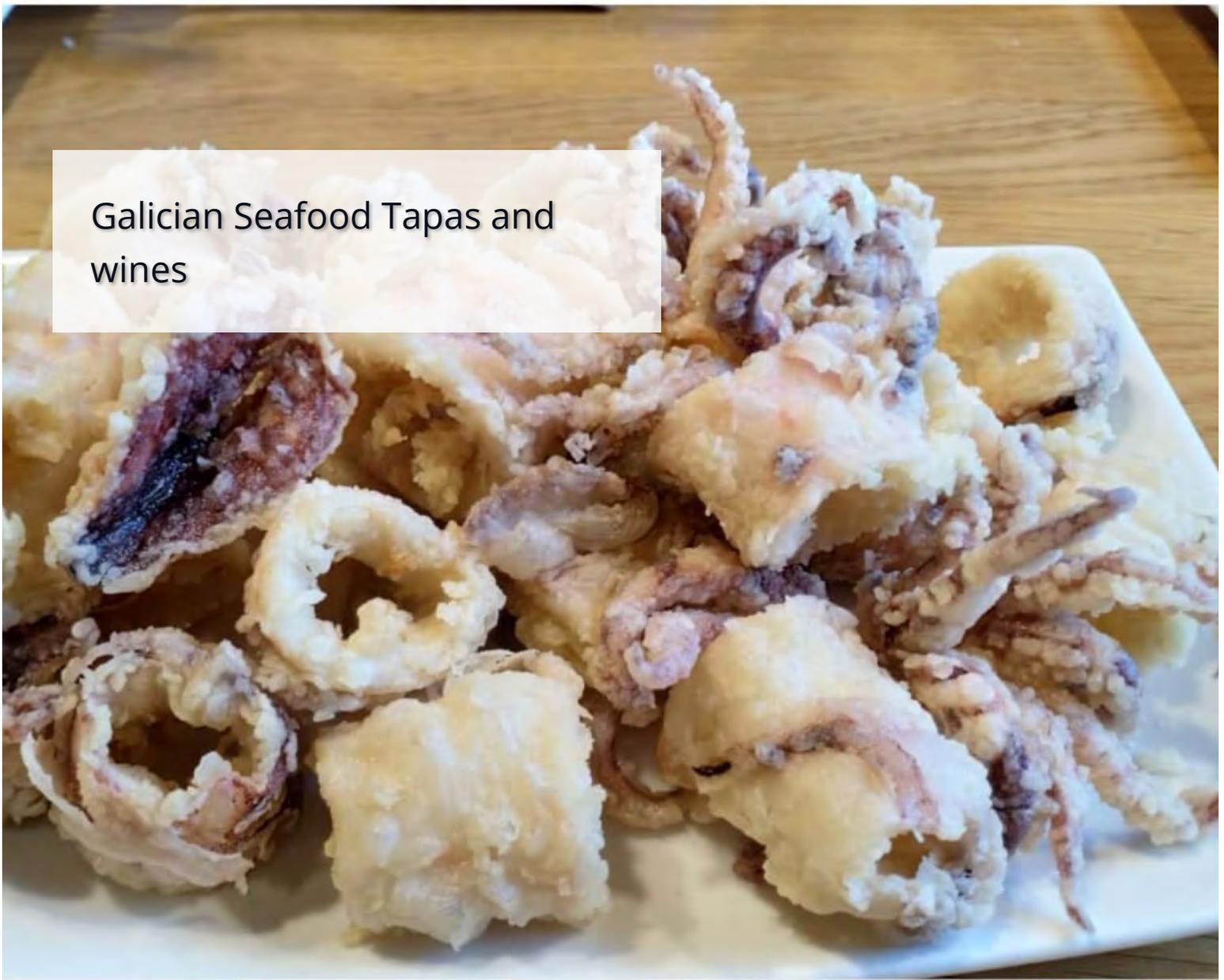
Masso old cannery in Cangas



The wait is over... now time to eat! Galician Tapas & Wines a great way to bring an end to our food tour!

We are back in Cangas, the main city of this peninsula. We are hungry and it's time to try some of the most typical dishes of the area. **Galician gastronomy** is far from paella or gazpacho as we saw and learned at the market, so we are going to try the real Galician gastronomy. Dishes like fried or grilled squid, Galician-style octopus, Padron peppers, different kinds of fish and seafood, empanada (pastry pie filled with different ingredients), etc.

Galician Seafood Tapas and wines



Sadly, this tour is coming to an end. After lunch, we'll take a short walk back to the maritime station where we will be taking the **ferry** back to Vigo, where your tour will finish.

At the end of this Vigo Day tour you will understand why **Galician food and products are considered one of the best in Spain** and you would find yourself counting down the hours until you try some more local food, visitors from all around the world fall in love with this wonderful place. You will also learn about fish and seafood, explore a small Galician town on one of the best day trips, take a coastal walk with incredible views, learn about the history of the area, walk through an old cannery or take a ferry ride between two estuaries... **what's not to like?**

Want to find out more about our **Vigo day tours**, including tasty local food and exploring its amazing bay? You could even take a tour without leaving home! Enjoy the amazing scenery on the **Costa da Vela Wild Atlantic coastline virtual tour**, or an **online Galician Cooking Experience!**

If you are in **Vigo for a few days** you could take another **small group** tour this time in the city **exploring the market and old quarter of the city** with our foodie guide! **Do you like to cook? You could do our hands-**

on cooking class. These are only a few suggestions, we have many options for **your next trip to Vigo on eatourspecialist.com.** If you would like a **customized tailor-made tour get in touch with us!**



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